

Ammon Rost

Everybody Wins

Opening Reception
Saturday | 11 November | 7-9p

10 November – 21 December 2017



ltd los angeles is pleased to present *Everybody Wins*, Ammon Rost's first solo exhibition with the gallery. *Everybody Wins* will feature new paintings, *Four Rules*, *Energy Match* and *Trade*.

The primary thrust of Ammon Rost's practice is to reveal spiritual facts through primal imagery. Painting from memory, Rost's images are formed in the divergence between the conscious and unconscious. The unconscious encourages the artist's psyche to spill onto the canvas. Symbols and abstract imagery rendered without rational control invite chance and accident. Via this "automation," involuntary actions and processes not under direct control of the conscious mind create a conduit for a union of hidden emotions and unexplored movements.

Conscious intervention is then embraced to create balance through articulation of decisions on color, composition, and clarity. Each of Rost's works reflect his openness to vulnerability thus inviting the viewer to become aware of when their emotions appear, disappear, and sometimes become woven into a unified state.

Born in Tokyo, Japan, Ammon Rost currently lives and works in Los Angeles, CA. In 2004, Rost received a BFA from University of California, Los Angeles. He has exhibited throughout New York and California.